

# SELF LOVE WEEK 2010

## . know thyself . touch thyself .

<b>MONDAY...</b>			
11am - 2pm	<b>SILK SCREENING WORKSHOP</b>	RENEGADE APPAREL, 247 Hunter St. West	Got something to say? Save your breath by putting it on your clothes and look uber cool at the same time. This workshop will put the power in your hands by covering: DIY screen, stencil and squeegee making, inks, printing and curing.
1:30 - 3pm	<b>genderTalk and clothing swap</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	Bring old clothes, get new ones, and talk about gender in clothing and presentation with the good people of Transmission, TQC and the Centre for Gender and Social Justice!
4 - 5:30pm	<b>DIY DILDOS</b>	Location TBA	ONLY 8 SPOTS AVAILABLE! Come one, come all! Get your hands and minds dirty making your own one-of-a-kind silicone dildo. Bring a favourite dildo for inspiration or to make a replica, and don't forget your creativity and sense of humor. Suggested donation \$5-\$10.
6 - 7:30pm	<b>Poly/Non-Monogamous Relationships</b>	SADLEIR HOUSE HOBBS LIBRARY, 751 George St. North	A discussion centering around polyamorous or open relationships, and how to make them work. Bring your experiences and questions to share!
9pm - 2am	<b>BEERS 4 QUEERZ</b>	OSSIA, 231 Hunter St. West	Join the queers as OSSIA opens it's doors on Monday nights, just for us. EVERY MONDAY NIGHT HEREAFTER at OSSIA! Come out, drink cheap beer (or really cheap soda and coffee) and enjoy queer company! Show up as an early bird around 9-10ish or drop by whenever
<b>TUESDAY...</b>			
11am - 1pm	<b>DIY BDSM</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	Join us for a fun and crafty approach to Bondage, Discipline and Sado-Masochism! Bring: old leather/pleather jackets that are no longer fashionable, busted bicycle inner tubes, rope, duct tape, old chains, bits of metal, and anything else you think could transform into a lovely piece of kink!
2 - 3pm	<b>Queer Femininities</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	The paradoxes, challenges and liberties of being queer and feminine. A loose discussion centering on queer experiences of femininity in various spaces.
4:30 - 6pm	<b>Food for Love</b>	SEASONED SPOON, Champlain College, West Bank Trent Campus	Join Robyn and Jane for an intimate evening of fine dining in the Seasoned Spoon. This interactive workshop will teach you about eating well to keep your body loving you, and together we will cook a delicious aphrodisiac meal where you might learn some sexy hints for your next intimate dining experience.
7 - 10pm	<b>ROCKY HORROR PICTURE SHOW audience participation screening</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	Kick the tire! Throw the rice! Snap the glove! Right along with Rocky, Dr. Scott, Brad and Janet! Dress up if you like. Audience participation props will be provided.

**WEDNESDAY...**

11am - 12pm	<b>Healthy Eating</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	An inspired and radical approach to healthy eating with one of Peterborough's foremost food and poverty activists.
4 - 6pm	<b>Erotic Photography Workshop</b>	SADLEIR HOUSE HOBBS LIBRARY, 751 George St. North	Ever wanted to take sexy pictures of yourself? Of others? Of inanimate objects? This hands-on, experimental workshop will give you some creative ideas for photography projects, interrogate the nature of eroticism, and maybe provide some sexy pictures to take home to your roommates, friends, lovers and/or family!
6 - 8pm	<b>Masculinities Workshop</b>	SADLEIR HOUSE HOBBS LIBRARY, 751 George St. North	We are all affected by the masculinity around us, and we all have different experiences with our own masculinity. Join DAM in a discussion forum for people of all genders to discuss masculinity as you see it presented in the media, in the people around you and within yourself. All Are Welcome. Presented by DAM: Discussing Alternative Masculinity, a working group of the CGSJ

**THURSDAY...**

10 - 11:30am	<b>Hula Hooping Workshop</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	Learn to hoop with style and grace! It's a surprisingly good workout and a great skill for picnics and pick-ups.
12 1pm	<b>Anxiety and Self Care Energy Therapy</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	This workshop will be run by an energy therapist and we will cover methods of dealing with anxiety, stress, and panic attacks through breathing, "tapping," and other energy work.
1 - 2pm	<b>Anal Play</b>	SADLEIR HOUSE RM 202, 751 George St. North	Love your butt and other people's butts. Your butt is a love hole. - Emily Blondin Doan
2 - 3pm	<b>Sexy Safer Sex</b>	SADLEIR HOUSE RM 202, 751 George St. North	Safer Sex should be sexy! Learn how to make safer sex a more integral part of your sex life, such as safer sex dirty talk and condom application tricks!
5 - 6:30pm	<b>Safer, Self Loving Hitchhiking</b>	SADLEIR HOUSE RM 202, 751 George St. North	Discuss issues surrounding treating your body, mind, and spirit with love and respect while hitchhiking. Topics to be discussed will include issues such as diet, hydration, exercise, comfort, sex (and for those who feel up to talking about it, masturbation). Attendants will be encouraged to share stories, ideas, and suggestions in order to help each other learn how to enjoy our time on the road.

7:30 - 11pm	<b>CHAMPION: Feminist Porn Screening on Campus</b>	CCS 307, Champlain College, West Bank Trent Campus	The screening of "Champion" will encourage students and the Peterborough community to not only explore their desires in a safe environment, but will also give them the opportunity to consider how porn is produced, how it could be produced differently (if that is necessary), and how they interact with the sex industry. "Champion" is entertaining, educational, controversial and sexy as hell - as most good things tend to be.
<b>FRIDAY...</b>			
12 - 1pm	<b>It's Not What You Wear, It's How You Wear It</b>	SADLEIR HOUSE LECTURE HALL, 751 George St. North	How we dress affects how we feel about ourselves. This workshop will speak to empowering yourself through how you wear what you wear. Come for helpful hints from one of Trent's best-dressed, and speak up about your own experiences and ideas!
2 - 4pm	<b>Sensational Solo Sex with Good For Her</b>	SADLEIR HOUSE HOBBS LIBRARY, 751 George St. North	Want to make your solo sex adventures more thrilling? Learn how to boost the excitement of pleasuring your own body and bring it out of the routine. Indulge in new heights of fun and pleasure in ways that partnersex often cannot. Learn new experiences that you can then share with your partner!
5:30 - 6pm	<b>Pasty-Making Workshop</b>	SADLEIR HOUSE RM 202, 751 George St. North	Learn how to make sweet sexy sparkly circular nipple tassles! Try 'em on and parade around! Love your nipples up with attire made just for them!
6:30 - 7:30pm	<b>Musical Chairs / Speed Dating</b>	SADLEIR HOUSE DINING HALL, 751 George St. North	Heard of Speed Dating? Yeah, it's a bit weird. One gender sits while the other moves from table to table. But that's less than fun. What if you combined musical chairs and speed dating to create a space where everyone gets to talk to everyone else for one minute. Romance is an option, but so is good conversation and new friends!
8 - 2am	<b>SELF LOVE CABARET</b>	SADLEIR HOUSE DINING HALL, 751 George St. North	With performances by Kay Pettigrew, drag sets, an open mic set, all collapsing into a chaotic night of dancing and loving, the closing event of Self Love Week promises to be historic and revolutionary. Show up or miss out.
<b>SATURDAY...</b>			
9pm - 2am	<b>HoPsCoTch Dance</b>	GORDON BEST, 216 Hunter St. West, upstairs	Peterborough's Monthly Come-One-Come-All Queer Safe Dance!

COME ONE, COME ALL...

BROUGHT TO YOU BY  
THE TRENT QUEER COLLECTIVE,  
THE CENTRE FOR GENDER AND SOCIAL JUSTICE,  
AND THE TRENT CENTRAL STUDENT ASSOCIATION.