

# Gender Journeys Peterborough Spring 2012

## Thinking about transitioning?

Free 8 week program exploring gender identity, providing reliable information and fostering community support. Topics include coming out to friends, families and co-workers, dealing with discrimination, health and well being and developing personal and professional connections to enhance your quality of life and to support your personal gender journey.

This group will be respectful of the diversity of gender possibilities.

### FACILITATORS



Shaun Allan is a trans man and a Social Service Worker who has lived and worked in the Peterborough community for many years.

Jan Tkachuk is a Psychotherapist and Clinical Consultant in Private Practice and has served the G/L/B/T communities and their loved ones in Peterborough and Toronto for over 20 years.



**PRE-REGISTRATION IS REQUIRED.** Please contact us for more information or to sign up for the next group beginning in March 2012. Discretion assured. The group will be held at a centrally located site that has free parking and is wheelchair accessible.

Phone: 705-927-6753 OR 705-875-4735

Email: [genderjourneypeterborough@gmail.com](mailto:genderjourneypeterborough@gmail.com)

*Special thanks to CMHA Peterborough for providing support and a safe, welcoming and accessible meeting space.*

